

Courage

Persistence



A hero is someone who knows
how to hang on one minute longer.

Novalis, 1772–1801
German author and philosopher

Courage

Persistence

**A hero is someone who knows
how to hang on one minute longer.**

Novalis, 1772–1801
German author and philosopher

- What does this saying mean to you?
- How does the saying relate to courage?
- Name three kinds of people who are heroes for doing things that might seem small.
- Tell about a time when you or someone you know held on one minute longer. What does it feel like when it is happening?
- How do you know when to persevere and when to quit?

*Courage is not only
mastering fear;
it is the ability to
face difficulty or
risk with integrity
and honor.*

*persevere:
to persist in spite of
difficulty*

**If at first you don't succeed,
try, try again.**

William E. Hickson, 1803–1870
English socialist and educational writer

- Tell about a time when you followed this verse's advice. How is trying again related to courage? How did the experience change you?

*verse:
one part of a poem
or song*